



Introduction to the Gemini course

Who it is for, what you will learn and how to follow the eleven lessons

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How to use this handout

This handout gathers, in written and ordered form, everything covered in the lesson. You do not need to memorise it: it is there so you can find things again calmly, later, when the lesson is over and a question is left hanging.

GOAL

Understand who the course is for, what you learn in each lesson and how to follow it, and prepare accounts, tools and working folders.

What you will be able to do

- Know what each lesson contains and in which order to follow them.
- Understand which tools and accounts you need before starting.
- Choose the study pace that suits you best.
- Prepare the working folder and the initial checks.

1. Why this course

Gemini today is a website, an app, a notebook for studying and an assistant that works on the computer. And every month something changes.

Imagine Marta, who wants to build a pond in her garden. She has heard that Gemini can help. She opens the website and finds models with odd names, a sidebar full of entries, a very long settings menu. Then she reads that there is a Windows app, that NotebookLM changed name, that Gems will become skills, that there is something called Antigravity. And she stops: where do I start?

This course is for her, and for anyone who recognises the scene. It is not a list of features: it is a path in order, with **real screenshots** taken in October 2026 on the Italian interface, examples that keep coming back (the pond, of course) and exercises you can redo right away.

IN PLAIN WORDS

The course gives you a map. The tools will change name and look, but the map, that is the criterion to choose and check, will remain useful.

2. Who it is for and what you need

The course is designed for **beginners** and for those who already use Gemini «by feel» and want to understand what they are doing. No computing skills are needed.

What you need	Why
A Google account	For Gemini on the web, in the app and in Gemini Notebook. A personal account is fine.
An up-to-date browser	For most lessons (Chrome, Edge or similar).
A PC with Windows 10 or 11	For the Gemini app (lesson 8) and for Antigravity (lesson 10). The other lessons work from any computer.
An empty folder	For the Antigravity tests: create it yourself, away from your documents.
A real project of your own	A hobby, a job, a trip: the examples work better with a real story.

What you need to follow the course.

HOW MUCH IT COSTS

Almost the whole course can be followed with the **free plan**. Some features, such as video creation or the Spark agent, according to Google require a Google AI subscription. In the lessons I flag it every time, and **you do not have to pay**.

3. What you will learn

At the end of the course you will be able to:

- **Choose** the right model and plan, and check the usage limits.
- **Ask** Gemini effectively, attaching files and photos, and verify the answers.
- **Use** Deep Research, Guided Learning and Canvas, and create images, video and music.
- **Personalise** Gemini with context, Gems and skills, and get ready for the change of 17 November 2026.
- **Connect** Google apps sensibly and schedule repeated actions.
- **Study** your documents with Gemini Notebook, the new name of NotebookLM.
- **Make** an agent like Antigravity work on your computer, safely.

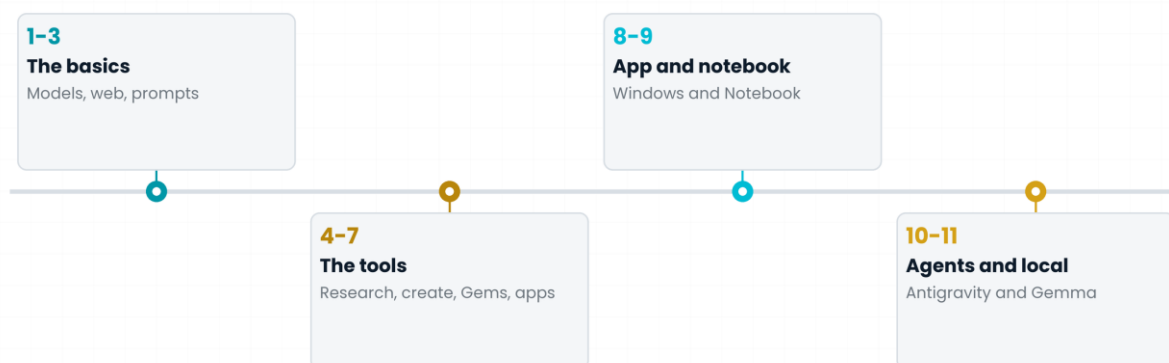
4. The programme, lesson by lesson

Eleven lessons, to be followed in order because each one builds on the previous. Below you find the complete programme, with the length and what you will be able to do at the end.

No.	Lesson	Length	What you will be able to do afterwards
1	Gemini: models and plans	60 min	Recognise the models, choose the plan and read the limits.
2	Gemini on the web: first steps	60 min	Have the first conversation and manage chats and settings.
3	Prompts and attachments: asking Gemini well	60 min	Write requests in four steps and attach files.
4	Research and study with Gemini	60 min	Do research, learn step by step and polish documents.
5	Creating with Gemini: images, video and music	60 min	Describe and create content, using it responsibly.
6	Gems, skills and personalisation	60 min	Create a Gem and a skill, and get ready for 17 November.
7	Gemini and Google apps	60 min	Connect apps sensibly and create scheduled actions.
8	The Gemini app for Windows	60 min	Install the app and use it with Alt+Space.
9	Gemini Notebook (the new NotebookLM)	60 min	Create a notebook, question the sources and generate maps.
10	Antigravity: the assistant that works on your computer	60 min	Assign a task to an agent, manage permissions and review.
11	Gemma: Google's artificial intelligence on your computer	45 min	Understand open models and when local AI is worthwhile.

The programme. In total 10 hours and 45 minutes of lessons, plus introduction and conclusions: about 11 and a half hours.

The path



The course path in four stages

The thread is this: first we understand the tools (lessons 1-3), then we use them for research and creativity (4-5), we personalise and connect them (6-7), we use the app and the notebook (8-9) and finally we make an agent work and look at open models (10-11).

5. How to follow the course

Every lesson has the same format, so you always know where to find things.

- **The handout** (Word and PDF): the complete explanation, with screenshots. Read it with the computer on.
 - **The slides**, in dark and light versions, to revise or to explain to others.
 - **The video** of about five minutes, which sums up the lesson.
 - **The exercise** at the end of the handout: 15-30 minutes to really do what you read.
 - **The frequently asked questions** and the **glossary**, for the most common doubts.
1. **Recommended pace**: one lesson a week, or two if you have more time. An hour of reading plus an hour of practice.
 2. **Do the exercises**. You learn more in twenty minutes of trying than in two hours of reading.
 3. **Use a single project** for the whole course: the pieces fit together and you see the work grow.
 4. **Always check**. Gemini can be wrong: the fourth step of every request is verification.

THE SCREENSHOTS HAVE A DATE

All screenshots and data are from **7 October 2026**, on the Italian interface and with a Google AI Pro plan. If your menus are different, it is not your mistake: Gemini changes fast. Follow the criterion, not the pixel.

6. Who is telling you

My name is **Gianluca Bonomo**, I am an Teacher and communicator on IT and AI. On **gianlu.it** I write and teach artificial intelligence, Excel and productivity, and I wrote the book **Niente paura è solo AI** (in Italian). As the fixed example of the course I chose a simple, concrete case, building a small garden pond: it only serves to give the steps a real story, and you can replace it with your own project.

Preparation

Twenty minutes to start with everything ready.

1. Open gemini.google.com and sign in with your Google account. If you do not have an account, create a personal one.
2. Create on your computer a «Gemini Course» folder where to save notes, useful answers and exported documents.
3. Choose your fixed project for the whole course (a hobby, a job, a trip) and write it in one line.
4. Open the settings menu and look at Usage limits and Manage subscription: note your plan.
5. Check whether you have Windows 10 or 11, and whether the Gemini app and Antigravity are installed (not compulsory now).
6. If you want to try Antigravity, already create a new, empty folder for the tests, away from your documents.

WATCH OUT

Have you chosen the fixed project of the course?

Do you know which Google AI plan you have?

Questions that come up in class

Do I have to pay to follow the course?

No: almost everything can be followed with the free plan. Some features require a Google AI subscription, and I flag it in the lessons.

Do I need experience with artificial intelligence?

No, we start from zero. All you need is the will to try and to check.

Can I follow the course on a Mac or from a phone?

Almost everything yes, because Gemini and Gemini Notebook work in the browser. The app (lesson 8) and Antigravity (lesson 10) are shown on Windows.

Can I skip a lesson?

Better not, but if you already know the topic, read the recap and do the exercise. Lessons 1-3 are the base of all the others.

What if my screen is different from the course's?

Gemini changes often. Look for the feature by name and follow the criterion explained: screenshots are just examples.

Glossary

Term	What it means
Agent	An AI assistant that acts, for example on your computer, like Antigravity.
Gemini	Google's artificial intelligence: the models, the app and the tools built around them.
Gemini Notebook	The new name of NotebookLM: the tool to work on your own documents.
Model	The artificial «brain» that generates the answers.
Prompt	The text you write to ask Gemini something.

Further reading

Gemini, Gemini Notebook, the Gemini for Windows app and Antigravity: the author's tests and screenshots – 7 October 2026

Google's official pages on plans, the Windows app, Gemini Notebook, Antigravity and Gemma – consulted on 7 October 2026

WATCH OUT

Course checked on 7 October 2026. Features, names and prices change often: the individual lessons give the dates and sources of the data.